

INNER SYDNEY REGIONAL COUNCIL e-NEWS

29th September 2009

In this Issue

- * [Marg Barry Memorial Lecture](#)
- * [Northcott Annual Mental Health Day](#)
- * [Strength and Balance exercise classes at the Burger Centre](#)
- * [Rozelle Neighbourhood Centre Housing Outreach Worker](#)
- * [HACC DO job vacancy](#)
- * [Brain Plasticity forum – Free Public Seminar](#)
- * [Redfern NAB Neighbourhood Day](#)
- * [Manager’s Group](#)
- * [Leichhardt Interagency](#)

=====
=====
=====

Marg Barry Memorial Lecture

Inner Sydney Regional Council held its 5th Marg Barry Memorial Lecture on Tuesday 22nd at the Alexandria Town Hall. The event was a great success with Hon. Meredith Burgmann reminiscing about meeting Marg Barry during her student days. Professor Jock Collins gave a lecture on the Global Financial Crisis and its effect on migration and migrants (*If you wish to receive a copy of the powerpoint presentation of this lecture, please contact Amylea on 9698 7690 or reception@innersydneyrcsd.org.au*) The event closed with some musical numbers sung by Sasha Murray and a chance to have a chat and a drink with others passionate about preserving the community sector.

=====
=====
=====

Northcott Annual Mental Health Day

Friday 9th October will see the Northcott Community host its annual Mental Health day. This event is open to everyone and will include speakers, music, fun activities and a free BBQ. There will be a Grief and Loss discussion and Mental Health First Aid participants will talk about various aspects of the course.

WHERE: Northcott Community Centre, Belvoir St, Surry Hills **WHEN:** 10am-3pm

The event is organised by the Surry Hills Mental Health Working Party which is a partnership between local agencies, public housing tenants and mental health consumers. The working party met the last Tuesday of each month at 2pm. For more information, please contact Douglas Holmes on djholmes@stvincents.com.au

=====
=====
=====

Strength and Balance Exercise classes at the Burger Centre

[Exercise & Strengthening classes for healthy bones](#)

Under the direction of the Osteoporosis Sydney Support group-day classes with physiotherapist Michelle Baskin

- Stay active and be inspired
- Improve your balance, strength & fitness
- Tailored to suit your needs
- Classes are DVA approved & may be reimbursed through your private health fund provider

WHERE: The Burger Centre 120 King St Randwick

Contact : Antoinette 0402 707 313

antoservices@optusnet.com.au

=====
=====
=====

Rozelle Neighbourhood Centre Housing Outreach Worker

The 6 month pilot of having the local Housing NSW Client Service Officers holding outreach meetings at the Rozelle Neighbourhood Centre proved so successful the program has been extended until next year. The Client Service Officers, along with Rozelle Neighbourhood Centre’s Community Development Worker, meet with Housing NSW tenants on the last Thursday of every month. For more information, call Lisa on 9555 8588 ext 7.

=====
=====
=====

HACC DO job vacancy

Inner Sydney Regional Council is currently advertising the HACC Development Officer position. The HACC Development Officer provides support to existing HACC services in the region and looks at bigger picture issues such as planning and development of services, identifying needs, liaising with other health and disability services, identifying training needs and coordinating training at regional level, promoting consumer involvement and advocating on behalf of consumers, reporting important issues to the funding body, producing promotional material about HACC funded services, informing and assisting HACC services in the Region to respond to and implement HACC program initiatives. For more information about this position and the selection criteria, please contact Amylea on 9698 7690 or reception@innersydnercsd.org.au

=====
=====
=====

Brain Plasticity forum – Free Public Seminar

Brain Plasticity – It’s Never Too Late To Change Your Brain is a free public seminar being presented by the presented by the Consumer Consultative Committee of the Aged Care Psychiatry Service, Prince Of Wales Hospital. Speakers will talk about the role cognitive stimulation and exercise has in preventing memory loss. The forum is being held on Monday 9 November 2009 at Level 2, South Sydney Juniors Club, 558A Anzac Parade Kingsford 10am – 1pm. Morning tea will be provided. Bookings are essential, so please RSVP to Filomena Romano on 9382 3753

=====
=====
=====

Redfern NAB Neighbourhood Day

The Redfern Neighbourhood Advisory Board is holding an information day at Poets Corner, Redfern on Saturday November 21st 2009. The day will include a free BBQ, music and fun activities as well as information about local services and agencies. If you are interested in holding a stall or in volunteering on the day, please contact Michael Shreenan, HCP worker at The Factory on 8399 1011 or MShreenan@the-factory.org.au

=====
=====
=

Manager's Group

A new group has been established for managers, executive officers and co-ordinators in the Eastern Suburbs, Inner City and Inner West areas. The group has been welcomed enthusiastically and the activities and aims are still in the very early stages. It is hoped the group will provide support for management issues, a forum for discussions and networking and a space to share information and ideas. Guest speakers are invited to speak on current topics.

Meetings are bi-monthly, the next meeting is Tuesday, 10th November. If you would like to be involved, please contact Pam Marsh, Executive Officer, Inner Sydney Regional Council on 9698 7461.

=====
=====
==

Leichhardt Interagency

This new interagency was launched on August 25th by the Mayor of Leichhardt, Jamie Parker who also hosted a morning tea to mark the occasion. We had an enormous attendance, the atmosphere was great and every sign was that this interagency had been needed for a long time.

Meetings will be bi-monthly with the next meeting at Rozelle Neighbourhood Centre on 27th November at 10.30am to 12 noon. For more information please call Pam Marsh, Inner Sydney Regional Council on 9698 7461.



Inner Sydney Regional Council for Social Development (ISRCSD)
770 Elizabeth St, Waterloo NSW 2017
PO Box 3277, Redfern NSW 2016
Ph: 9698 7690 Email: reception@innersydneyrcsd.org.au
www.innersydney.org.au

Please consider the environment before printing this email.